

Mondays, September 13, 2010 - May 23, 2011

9:15 - 10:45 AM

New Orleans JCC, Uptown, 5342 St. Charles Avenue

\$100 for 30 sessions/\$10 drop in rate

Sliding Fee Scale available upon request, based on household income.

Who: Parents of young children

What: An opportunity to socialize with other parents and learn important skills that will help guide parents through the everyday blessings and challenges of parenthood.

Each session will be facilitated by Dr. Dahlia Topolosky, a licensed psychologist, with topics focusing on positive parenting techniques and addressing ways to build your child's self-esteem and encourage a healthy nurturing family environment.

Light refreshments will be served and your child is welcome to play beside you in our warm and kid-friendly space.



Dr. Dahlia Topolosky is a licensed psychologist who has her dual training in school and clinical psychology. Dr. Topolosky is currently in private practice at the Family Behavioral Health center.

Contact: Suzy Lazarus, GSW at JFS, at 504.831.8475 or suzy@jfsneworleans.org

To Register: Fill out the form below and return to:

Jewish Family Service, 3330 W. Esplanade Ave. Suite 600, Metairie, LA 70002

JCC Jewish Community Center
 5342 St. Charles Avenue, New Orleans, LA 70115
 504.897.0143 phone | 504.897.1380 fax
 www.nojcc.org

Jewish Family Service
 3330 W. Esplanade Ave, Ste 600, Metairie, LA 70002
 504.831.8475 phone | 504.831-1130 fax
 www.jfsneworleans.org



**The New Orleans Parents' Club
 Registration Form**

Parent's Name _____

Email Address _____

Phone _____

Age of Child(ren) _____

Method of Payment

- Cash (please do not mail cash)
- Check Enclosed (payable to Jewish Family Service)
- Visa MasterCard

Card No. _____ Exp. Date _____

Name as it appears on card (please print) _____

Signature _____