

NOPC DATES & TOPICS 2011-2012

October 6: Discovering your Parenting Style

October 27: Self-Awareness

November 3: Transitions

November 10: Goals of Misbehavior

November 17: Open Session

December 1: Guest Speaker: Christina Roux, LCSW

December 8: Responding with Empathy

December 15: Open Session

January 5: Guest Speaker: Stephanie Crowder, LPC, LMFT

January 12: Punishment vs. Natural Consequences

January 19: Open Session

February 2: Guest Speaker: Jennifer Baudy, MSW, LSW

February 9: Eating, Sleeping & Getting Dressed

February 16: Open Session

March 15: Siblings Without Rivalry

March 22: Guest Speaker: Margaret Winston, LPC

March 29: Open Session

April 19: Guest Speaker

April 26: Raising Healthy Boys & Girls

May 3: Helicopter vs. Playful Parent

May 10: End of the Year Party!